

# ADDICTION STUDIES AND HUMAN SERVICES - ASSOCIATE OF APPLIED SCIENCE (AAS)

## Description

The Addiction Studies and Human Services Associate of Applied Science builds on the certificate of completion, which qualifies a student to sit for the Oregon Certified Alcohol and Drug Counselor (CADC) level I exam and prepares students for the CADC II certification.

## Program Learning Outcomes

Upon successful completion of the program, students will be able to:

1. Demonstrate knowledge of professional values and ethical standards that are foundational to the human services profession.
2. Demonstrate advanced aptitude to integrate knowledge of cultural diversity in multiple settings and with multiple clients and available significant others.
3. Demonstrate advanced ability to collaboratively develop an effective and clear treatment plan by assessing client needs and selecting interventions that will assist clients in promoting optimal functioning, growth and goal attainment.
4. Develop foundational awareness of their values, cultural bias, philosophies, personality, and style and how these personal characteristics affect clients.
5. Demonstrate professional interviewing skills.
6. Identify basic and advanced skills required to create genuine and empathetic relationships; implement knowledge, theory, and skills to support client change.
7. Apply knowledge of appropriate community referral resources and utilization of client support systems and resources.
8. Demonstrate writing skills appropriate to clinical documentation.
9. Describe the role of neurochemistry in the brain and how substances, behaviors, and experiences impact the brain.
10. Implement evidence-based strategies for behavior change based on current research.

## Entrance Requirements

### Academic Entrance Requirements

Recommended:

- High school diploma or GED
- Completion of WR 065 Rhetoric and Critical Thinking II (or higher) or minimum placement WR/Comm Level 7
- Basic computer competency skills

### Other Entrance Requirements

Required:

- Must pass a criminal background check as a condition of acceptance into a practicum for training. Students who do not pass the criminal background check may not be eligible to complete training at affiliated practicum sites, to sit for certification exams, or to be hired for some professional positions. Students with questions about their history should contact the appropriate state board or the program director.

- Some practicum sites may require documentation of current immunizations, including the COVID-19 vaccine. Please contact the program director if you have any questions.

## Additional Program Costs (Beyond Standard Tuition/Fees and Textbooks)

### Material Costs

- Travel costs for practicum, three terms; costs based on location
- Mental Health and Addiction Certification Board of Oregon exams: \$75 application fee, \$210 exam fee
- Video recording fees for two terms: approximately \$50
- Background check for practicum placement: approximately \$75

## Course Requirements

Course	Title	Credits
<b>Core Courses</b>		
HS 101	Orientation to Human Services	3
HS 161	Ethics for Human Services	4
HS 162	Effective Helping Skills I	4
HS 180	Addictions, HIV and other Infectious Diseases	2
HS 200	Introduction to Addictions	3
HS 201	Families and Addictions	3
HS 205	Youth and Addictions	3
HS 206	Group Counseling Skills for Human Services	4
HS 208	Multicultural Issues in Human Services	4
HS 209	Introduction to Psychological Trauma: Theory and Practice	4
HS 210	Co-Occurring Disorders	4
HS 224	Psychopharmacology	4
HS 250	Process Addictions	4
HS 260	Counseling Theories	4
HS 262	Effective Helping Skills II	4
HS 266	Case Management for the Chemically Dependent Client	4
HS 290	Introduction to Practicum in Human Services	1
HS 291	Practicum in Human Services I	4
HS 292	Practicum in Human Services II	4
HS 293	Practicum in Human Service III	4
<b>Other Required Courses</b>		
Health (4 credits with HHP or HHPA prefix) <sup>2</sup>		4
MTH 105	Math in Society (or choose one course from the foundational requirements math list)	4
Choose one course from the following:		3-4
COMM 111	Fundamentals of Public Speaking	
COMM 114	Argumentation and Critical Discourse	
COMM 115	Introduction to Intercultural Communication	
COMM 218	Interpersonal Communication	
COMM 219	Small Group Communication	

WR 121	Academic Composition	4
WR 122 or WR 227	Argument, Research, and Multimodal Composition Technical Writing	4
<b>Total Credits</b>		<b>90-91</b>

<sup>1</sup> Choose courses from the Discipline Studies list that do not have an HS prefix, and that have different prefixes from each other. Choose enough credits to reach the 90 credit minimum.

<sup>2</sup> HHPA activity courses (1 credit each) are not to be duplicated.

## Advising Notes

Always meet with an academic advisor to ensure the most effective and efficient course and program process.

## Performance Standards

- Academic Requirements
  - Students must have a 2.0 cumulative GPA to earn a COCC certificate or degree.
  - All courses with the HS prefix must be completed with a grade of C or higher.
- Additional Requirements
  - A student may be considered ineligible for continued enrollment in the program if the student has failed to satisfactorily complete a given Human Services/Addictions Studies course after re-enrolling in that course once (one time).

## Sample Plan

### First Year

<b>Fall</b>		<b>Credits</b>
HS 101	Orientation to Human Services	3
HS 206	Group Counseling Skills for Human Services	4
HS 266	Case Management for the Chemically Dependent Client	4
WR 121	Academic Composition	4
	<b>Credits</b>	<b>15</b>

### Winter

HS 200	Introduction to Addictions	3
HS 201	Families and Addictions	3
HS 162	Effective Helping Skills I	4
WR 122 or WR 227	Argument, Research, and Multimodal Composition or Technical Writing	4
	<b>Credits</b>	<b>14</b>

### Spring

HS 205	Youth and Addictions	3
HS 208	Multicultural Issues in Human Services (Pre-req: HS 101 and WR 121)	4
HS 210	Co-Occurring Disorders	4
HS 262	Effective Helping Skills II	4
	<b>Credits</b>	<b>15</b>

### Second Year

<b>Fall</b>		
HS 161	Ethics for Human Services (Pre-req: HS 101 and WR 121)	4
HS 209	Introduction to Psychological Trauma: Theory and Practice	4
HS 260	Counseling Theories	4
HS 290	Introduction to Practicum in Human Services	1
	<b>Credits</b>	<b>13</b>

### Winter

HS 250	Process Addictions	4
HS 291	Practicum in Human Services I	4
HS 224	Psychopharmacology	4
	<b>Credits</b>	<b>12</b>

### Spring

HS 180	Addictions, HIV and other Infectious Diseases	2
HS 292	Practicum in Human Services II Health (4 credits with HHP/HHPA prefix)	4
MTH 105	Math in Society	4
	<b>Credits</b>	<b>14</b>

### Summer

HS 293	Practicum in Human Service III	4
	Choose one course from the following:	3-4
COMM 111	Fundamentals of Public Speaking	
COMM 114	Argumentation and Critical Discourse	
COMM 115	Introduction to Intercultural Communication	
COMM 218	Interpersonal Communication	
COMM 219	Small Group Communication	
	<b>Credits</b>	<b>7-8</b>
	<b>Total Credits</b>	<b>90-91</b>