

OL 253 : WILDERNESS ADVANCED FIRST AID

Transcript title

Wilderness Advanced First Aid

Credits

3

Grading mode

Standard letter grades

Total contact hours

40

Lecture hours

20

Other hours

20

Course Description

This Course is designed to provide the student with the necessary knowledge and skills to care for an injured or suddenly ill person in a remote location. The methods and protocols presented in this class follow the Wilderness Medical Society guidelines for a 36 hour certification and are specific to a wilderness setting. The Wilderness Medical Society defines wilderness as a remote geographical location more than one hour from definitive care.

Course learning outcomes

1. Patient assessment in an emergency situation.
2. Treatment and care for immediate life-threatening injuries or sudden illness, excluding cardiopulmonary resuscitation (CPR).
3. Proper treatment of open wounds and burns, including dressing and bandaging.
4. Proper treatment of head and facial injuries.
5. Care for bone, joint and muscle injuries.
6. Proper assessment and treatment of circulatory, respiratory, neurological, abdominal, and genitourinary emergencies.
7. Proper assessment and treatment of diabetic emergencies.
8. Proper assessment and treatment of anaphylactic emergencies.
9. Evaluation and treatment of altitude illnesses, near drowning, and heat and cold emergencies.
10. Proper care for bites and stings.