

# NUR 103 : NURSING ASSISTANT

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## Transcript title

Nursing Assistant

## Credits

9

## Grading mode

Standard letter grades

## Total contact hours

173

## Lecture hours

53

## Lab hours

30

## Other hours

90

## Prerequisites

Department approval based on proof of holding a current American Heart Association, BLS Provider CPR card, passing a criminal history check, passing a urine drug screen, and meeting immunization and TB test requirements.

## Course Description

Covers basic nursing assistant level one care and effective communication skills for clients in acute and long-term care facilities. Discusses issues of confidentiality, client rights, and role of the nursing assistant. Students are eligible to sit for the Oregon State Board of Nursing sanctioned certified nursing assistant level one examination upon completion of the course. Clinic takes place in acute and long-term care facilities.

## Course learning outcomes

1. Integrate didactic and applied knowledge into an entry-level health care position.
2. Demonstrate an ability to gather information, think critically, and solve problems in the clinical setting.
3. Provide person-centered, ethical care to a diverse group of adult clients, within the authorized duties of the nursing assistant.
4. Use leveled language skills to communicate with the health care team and diverse groups of clients and their family members.
5. Promote physiological and psychological safety of patients and staff in the health care environment.

## Content outline

- I. Communication and interpersonal skills
- II. Person-centered care including a person's rights, human development, and cultural awareness
- III. Infection control and prevention
- IV. Safety and emergency procedures
- V. Activities of daily living
- VI. Collaboration with Health Care Team

- VII. Observing and reporting
- VIII. Documentation
- IX. End of life care
- X. Caregiver self-care
- XI. Mental health and social service needs

## Required materials

Dark purple scrub top, black scrub pants to be worn in class, lab, and clinical. Required textbook.