

LMT 229 : JAPANESE FACIAL MASSAGE

Transcript title

Japanese Facial Massage

Credits

1

Grading mode

Pass/No Pass grades

Total contact hours

20

Other hours

20

Course Description

Japanese Facial Massage combines massage and acupressure to reduce muscular tensions, increase blood and energy flow, while restoring elasticity to the skin. P/NP grading.

Course learning outcomes

1. Explain the origins of Japanese facial massage.
2. Perform a Japanese facial treatment.
3. Demonstrate appropriate ergonomics while performing a Japanese facial massage.
4. Demonstrate universal sanitation when using facial stones.
5. Analyze health issues that may contraindicate a Japanese facial massage session.