

# LMT 206 : THE SPIRIT OF MASSAGE

---

## Transcript title

The Spirit of Massage

## Credits

1

## Grading mode

Pass/No Pass grades

## Total contact hours

10

## Lecture hours

10

## Course Description

Explores a holistic view of massage and facilitate a self-awareness of one's personal connection to the massage therapy session and client goals. P/NP grading.

## Course learning outcomes

1. Summarize their personal understanding of a heart-connected intention as it relates to their core values and massage therapy.
2. Analyze their core values and how this relates to their success as a massage therapist.
3. Describe their awareness of intention and connection during a massage session.
4. Differentiate between the intention and the technical skills of massage therapy.