

# LMT 140 : PATHOLOGY FOR MASSAGE THERAPY

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## Transcript title

Pathology for Massage Therapy

## Credits

4

## Grading mode

Standard letter grades

## Total contact hours

40

## Lecture hours

40

## Recommended preparation

BI 105 or BI 231.

## Course Description

Covers effects of massage therapy on body systems, including indications and contraindications to massage. Reviews medical terminology and basic mechanisms of disease process.

## Course learning outcomes

1. Explain the basic mechanisms of the disease process.
2. Analyze signs, symptoms and predisposing risk factors of medical pathologies as they relate to massage therapy.
3. Apply critical thinking skills to recognize conditions that locally or systemically contraindicate massage therapy.
4. Demonstrate knowledge of basic medical terminology.
5. Explain how to perform a verbal and written client health history intake and evaluation.
6. Describe universal precautions for the protection of the client and therapist.
7. Explain how to communicate effectively within a professional setting in both written and oral form.

## Content outline

• Syllabus overview • Discussion of contagions and how to prevent communicability • Hands-on hygiene, sanitization and disinfection as required by state and national standards • Review dermis physiology • Discussion of integumentary diseases • Practice identification, professional inquiry and assessment for integumentary contraindications • Discuss musculoskeletal physiology • Midterm Exam • Discuss nervous system physiology • Discuss circulatory, respiratory, immune and lymphatic system physiology • Review for final exam

## Required materials

Textbook required.