

# LMT 118 : KINESIOLOGY FOR MASSAGE THERAPY II

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## Transcript title

Kinesiology: Massage Ther II

## Credits

4

## Grading mode

Standard letter grades

## Total contact hours

60

## Lecture hours

30

## Lab hours

30

## Prerequisites

LMT 113.

## Course Description

Continues study of the muscles that will include attachments, actions, nerves, joints and the bony landmarks. Second course in a three-part series of kinesiology for massage therapist.

## Course learning outcomes

1. Demonstrate knowledge as it applies to locating, palpating, and outlining all the muscles presented in the second series.
2. Locate and name the attachments of all the muscles presented in the second series.
3. Demonstrate the functions and verbalize the articulating bones of the joints presented in the second series.
4. Verbalize synergist and antagonist muscles the related to muscles in the second series.
5. Verbalize and demonstrate the actions of all the muscles presented in the second series.