

HS 250 : PROCESS ADDICTIONS

Transcript title

Process Addictions

Credits

4

Grading mode

Standard letter grades

Total contact hours

40

Lecture hours

40

Recommended preparation

or to be taken with WR 121Z.

Course Description

Provides an overview of the history, theory, and current research perspectives in the etiology, assessment, diagnosis and treatment of behavioral/process addictions. Specific attention paid to examining similarities and differences between chemical/substance addictions and behavioral/process addictions.

Course learning outcomes

1. Recognize the signs and symptoms of behavioral/process addictions in various contexts.
2. Identify and discuss key similarities and differences between substance addictions and behavioral/process addictions.
3. Describe screening, diagnosis, intervention and treatment processes.
4. Evaluate personal attitudes and beliefs related to working with process addictions.

Content outline

- Behavioral Addictions
- Gambling
- Technology
- Sex
- Food
- Exercise
- Work
- Shopping

Required materials

Textbook or related peer review journal articles.