# **HS 201 : FAMILIES AND ADDICTIONS**

## **Transcript title**

Families and Addictions

## Credits

3

#### **Grading mode**

Standard letter grades

#### **Total contact hours**

30

#### **Lecture hours**

30

#### **Recommended preparation**

WR 121.

## **Course Description**

Examines how substance use disorders impact family systems. Topics will include etiology of substance use disorders within the family, impact upon members of the system and its dynamics, intervention and treatment approaches, and long-term recovery issues. Strategies and behaviors that family members, couples, and significant others must adopt in order to assist in sustaining recovery and healthy relationships will be outlined.

# **Course learning outcomes**

1. Demonstrate a basic theoretical understanding of what produces more functional and less functional families.

2. Illustrate the importance of family, social networks and community systems in the treatment and recovery process.

3. Describe models of assessment and potential interventions (within scope of practice) for families and significant others, including extended, kinship, or tribal family structures.

4. Define ethical practice (scope of practice) and application of family intervention for substance (or process) abuse.

# **Content outline**

- Family Systems theories
- Attachment
- Families in recovery

# **Required materials**

Textbooks