

# HD 100TT : TEST TAKING

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## Transcript title

Test Taking

## Credits

1

## Grading mode

Standard letter grades

## Total contact hours

10

## Lecture hours

10

## Course Description

Designed for students challenged by tests or assessment materials. The class introduces students to the process of effective test taking including preparation for all types of tests and classroom assessment tools, study and relaxation techniques and actual test taking. Students will be introduced to pro-active strategies to address test anxiety, utilize test results for improved performance, and access instructors for guidance and performance.

## Course learning outcomes

1. Recognize the difference between preparing and studying for tests and exams
2. Implement appropriate strategies for different exam types
3. Learn techniques for reducing test anxiety
4. Utilize faculty and tutoring resources before and after tests and exams