

CJ 152 : RAPE AGGRESSION DEFENSE (RAD) FOR WOMEN

Transcript title

Rape/Aggression Def for Women

Credits

1

Grading mode

Pass/No Pass grades

Total contact hours

10

Lecture hours

10

Prerequisites

instructor approval.

Course Description

Introduces women to the program of realistic self-defense tactics and techniques called the Rape Aggression Defense (RAD) System. Topics include: awareness, prevention, risk reduction and avoidance, and basic hands-on defense training. P/NP grading.

Course learning outcomes

1. Explain concepts of risk awareness, reduction and avoidance.
2. Demonstrate risk awareness, reduction and avoidance in simulated scenarios.
3. Expand their self defense options.